

# 5 Minute Mask with Pocket & Nose Wire

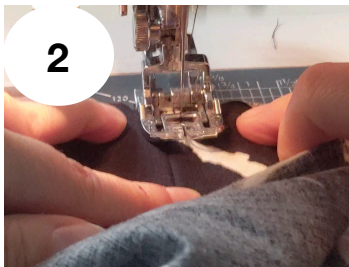


## Materials for each mask:

- 100% cotton fabric (size 9in by 15in)
- 1/4in wide elastic (10 inch piece)
- 7/8in wide bias tape. I'm using the single fold version. Around 10 inches per mask.
- Pipe cleaner (around 6 inches long with the ends folded to the inside and pressed flat)

## Step 1: Create the pocket:

- Fold fabric right sides together and sew a 1/4 inch seam over the top 9 inch side stopping after sewing 3 inches. Backstitch to lock the seam. Lift the presser foot and start again 3 inches from the other side. This 3 inch center gap without stitching will become a pocket.



## Step 2: Topstitch around the pocket

- Use your fingers to open the seam flat. From the right side of the fabric, topstitch 1/8in from the pocket seam on both sides. This creates the pocket and sews down the seam allowance on the underside.

## Step 3: Sew pipe cleaner

- Turn mask right side out with the pocket seam 1/4in from the top of the mask and facing up. Place pipe

cleaner inside and at the top above the pocket. Sew a line just below the pipe cleaner to hold in place.

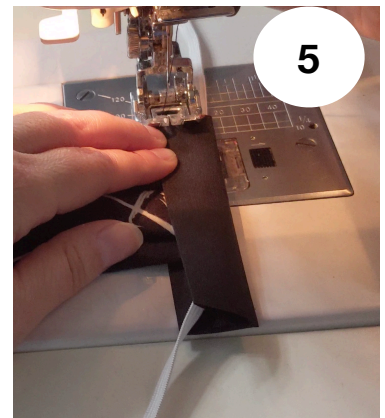


## Step 4: Make the pleats

- With the front of the mask facing you, use your fingers to create 2 or 3 pleats across the width of the mask. The pleat width doesn't matter but make sure they are even both sides. Try not to overlap your pleats to avoid bulkiness in the seam. Once you are happy with your pleats, sew down each side of the mask to hold the pleats.

## Step 5: Sewing the bias tape and elastic

-Open a 5 inch piece of 7/8in bias tape and place it around the side edge. Fold under the top of the tape towards you to encase the top edge of the mask. Place a 10inch piece of 1/4in wide elastic on top and inside the tape. Make sure the elastic is away from you needle as you sew a 1/8 seam close to the edge to bind the tape and create a tube for the elastic. Make sure you are sewing through both layers of bias tape and the mask. When you get close to the bottom edge, fold up the bottom of the bias tape to encase the bottom edge and continue sewing to finish off the seam.



## Step 6: Tie the elastic.

- You can wear this mask around your ears by timing the elastic together on each side or tie the top and bottom elastics together to go around the head. Once elastic is fitted and tied, hide the knot into the bias tape tube for comfort.